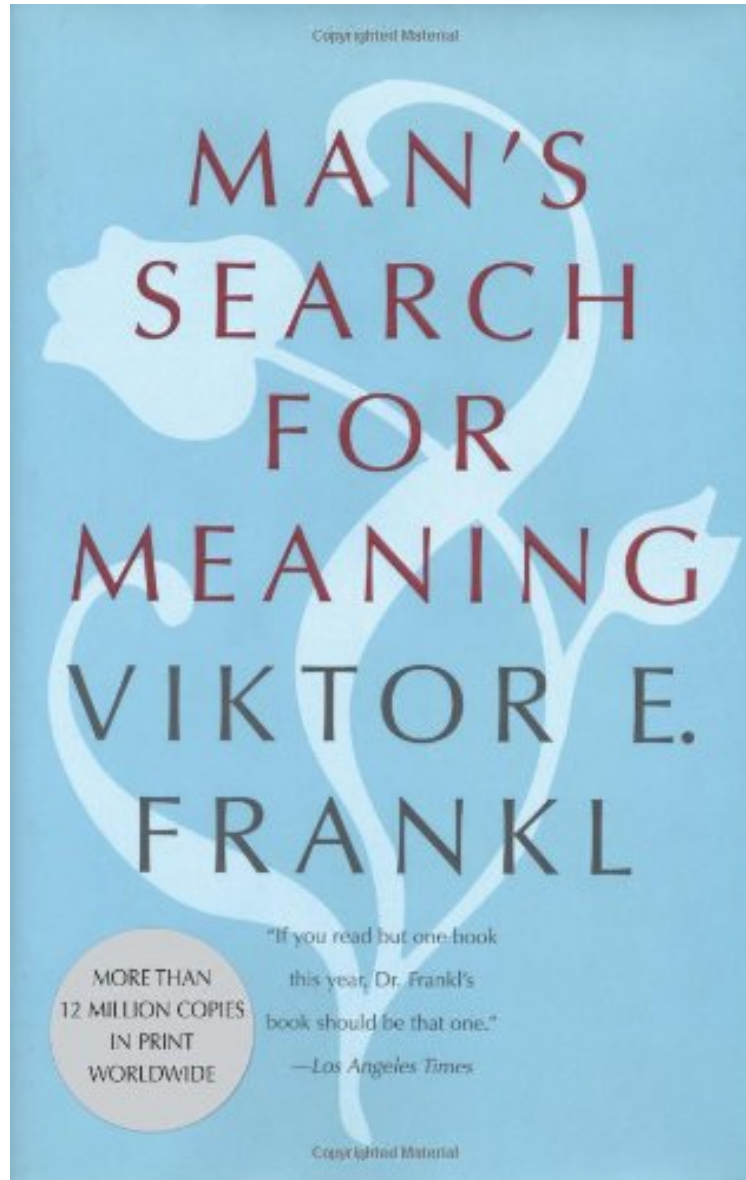


## Man's Search for Meaning

Viktor E. Frankl

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**Viktor E. Frankl : Man's Search for Meaning** before purchasing it in order to gage whether or not it would be worth my time, and all praised Man's Search for Meaning:

237 of 240 people found the following review helpful. The deepest insights in the most simple words.By EnIf you're in pain, read this book. If you're scared, read this book. If you are lost, read this book. If you are happy, read this book. If you have time, read this book. If you don't have time, read this book. Read this book, read this book."We who lived in

the concentration camps can remember the men who walked through the huts comforting others, giving away their last piece of bread. They may have been few in number, but they offer sufficient proof that everything can be taken from a man but one thing: the last of the human freedoms--to choose one's attitude in any given set of circumstances, to choose one's own way."90 of 94 people found the following review helpful. A classicBy Steven J. O'malleyI read this in college and ordered again to read some 40 years later. Frankl relates the severe conditions in the concentration camp. Those without any purpose seemed to perish. Those that had developed purpose and meaning to the harsh conditions got out of bed every morning to face another unbearable day. this book is a classic. anything less than 5 stars would be a reflection on me.0 of 0 people found the following review helpful. death and survival - He point out that those who looked to the future and had something to expect when the war was over - more of them survived - A great book of men living under dire circumstancesBy Charles E. GreerViktor E. Frankl was captured and spent most of WWII in a German prison camp - The book "Man's Search For Meaning" is his account of that time - suffering, death and survival - He point out that those who looked to the future and had something to expect when the war was over - more of them survived - A great book of men living under dire circumstances....All who purchase will be informed to accept and endure great struggles in life.

Man's Search for Meaning has riveted generations of readers with its descriptions of life in Nazi death camps and its lessons for spiritual survival. Between 1942 and 1945 psychiatrist Viktor Frankl labored in four different camps, including Auschwitz, while his parents, brother, and pregnant wife perished. Based on his own experience and the stories of his many patients, Frankl argues that we cannot avoid suffering but we can choose how to cope with it, find meaning in it, and move forward with renewed purpose. Frankl's theory known as logotherapy, from the Greek word logos ("meaning") holds that our primary drive in life is not pleasure, as Freud maintained, but the discovery and pursuit of what we personally find meaningful. "What man actually needs," Frankl writes, "is not a tensionless state but rather the striving and struggling for a worthwhile goal, a freely chosen task . . . the call of a potential meaning waiting to be fulfilled by him."In the decades since its first publication in 1959, Man's Search for Meaning has become a classic, with more than twelve million copies in print around the world. A 1991 Library of Congress survey that asked readers to name a "book that made a difference in your life" found Man's Search for Meaning among the ten most influential books in America. At once a memoir, a meditation, a treatise, and a history, it continues to inspire us all to find significance in the very act of living."One of the great books of our time." Harold S. Kushner, author of When Bad Things Happen to Good People"One of the outstanding contributions to psychological thought in the last fifty years."Carl R. Rogers (1959)"One of the ten most influential books in America."Library of Congress/Book-of-the-Month Club Survey of Lifetime ReadersBorn in Vienna in 1905, Viktor E. Frankl earned an M.D. and a Ph.D. from the University of Vienna. He published more than thirty books on theoretical and clinical psychology and served as a visiting professor and lecturer at Harvard, Stanford, and elsewhere. In 1977 a fellow survivor, Joseph Fabry, founded the Viktor Frankl Institute of Logotherapy. Frankl died in 1997. Harold S. Kushner is rabbi emeritus at Temple Israel in Natick, Massachusetts, and the author of several best-selling books, including When Bad Things Happen to Good People, Living a Life That Matters, and When All You've Ever Wanted Isn't Enough.William J. Winslade is a philosopher, lawyer, and psychoanalyst who teaches at the University of Texas Medical Branch in Galveston and the University of Houston Law Center.

"An enduring work of survival literature." (The New York Times)Language NotesText: English (translation) Original Language: GermanAbout the AuthorViktor E. Frankl was professor of neurology and psychiatry at the University of Vienna Medical School until his death in 1997. His twenty-nine books have been translated into twenty-one languages. During World War II, he spent three years in Auschwitz, Dachau, and other concentration camps.