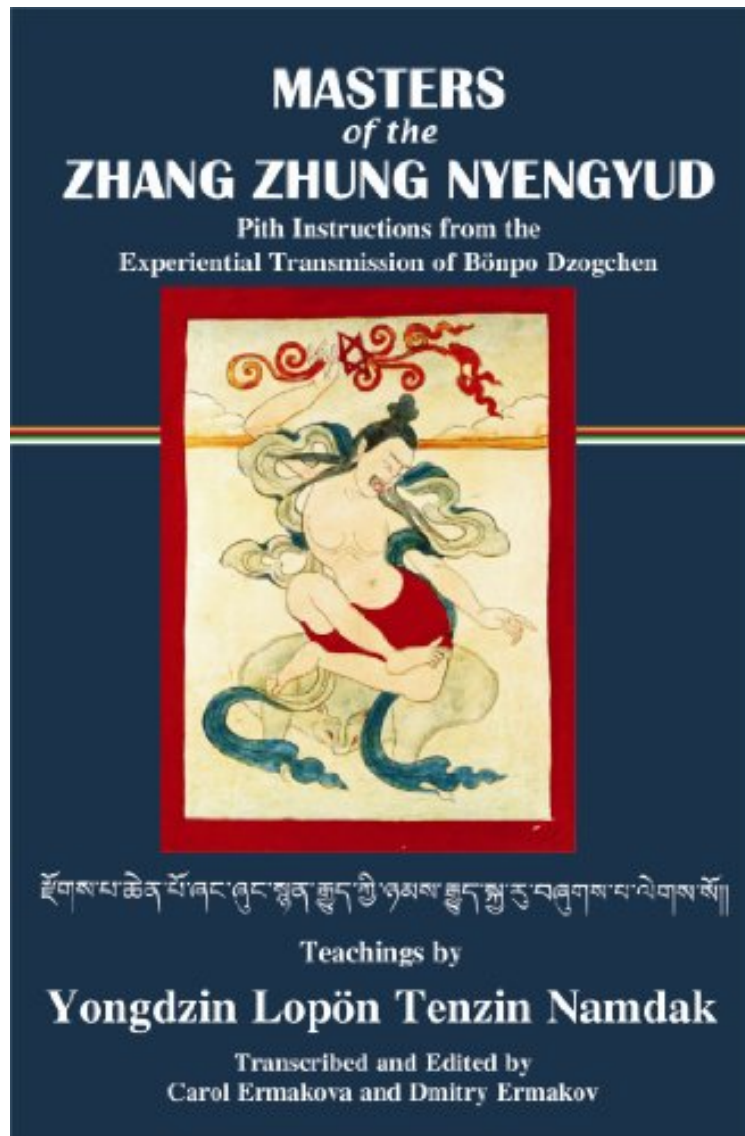


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Masters of the Zhang Zhung Nyengyud

Yongdzin Lopon Tenzin Namdak
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Yongdzin Lopon Tenzin Namdak : Masters of the Zhang Zhung Nyengyud before purchasing it in order to gage whether or not it would be worth my time, and all praised Masters of the Zhang Zhung Nyengyud:

2 of 2 people found the following review helpful. Judge the Book by Its Cover By Book Drawn What a beautiful book for those who appreciate great Tibetan art and great book publishing. It's a heavy book for its size on quality paper and filled with wonderful illustrations of the Zhang Zhung (Dzogchen) lineage holders. There is even a lineage tree chart that folds out. For those who follow the practice of Dzogchen this book represents a fine historical lesson and contains

the sayings each master considered essential to the practice. This isn't the book to learn the basic teachings or practice, but it is one to savor, perhaps leaving it on the bed stand and reading one or two sections each night. Thirty five masters are covered in varying degrees plus the current lineage holder. This after a 37 page introduction. So if you're looking for a basic explanation of the practice of Dzogchen, this isn't it. If you're looking for a beautiful and poetic sample of the Dzogchen traditions don't hesitate to add this gem to your collection. 2 of 2 people found the following review helpful. Dzogchen transmission from the Male lineage- Best of the Best! By sj2gold This is the second copy I purchased. The first copy I read and gave to a friend. This is the Dzogchen male lineage and the teachings they transmitted to their students. All the male masters are in this book, and the transmissions are powerful. Highly recommended book for any serious Dzogchen practitioner, or as it seems 'practitioner'! 5 of 5 people found the following review helpful. A succinct yet expansive text for Dzogchen By Bokhara Each of the Masters of the Zhang Zhung Nyengyud form of Dzogchen have given to mankind a simple, concise summation of their Dzogchen practice. My total favorite is Dawa Galtsen, but there is still more to gain from others views. If you've found books on Dzogchen to sometimes be a bit vague, try this one.

Here, publically available in English for the first time, are the heart teachings of ancient Bonpo Dzogchen Masters, translated Masters, translated and commented on by Yongdzin Lopon Tenzin Namdak Rinpoche, the current holder of this unique lineage. Part of a living heritage, Masters of the Zhang Zhung Nyengyud carries not only words of instructions and stories but also blessings, and as such it can become a key to unlocking the doors of our mind, a guide on the path to realizing the true Nature of Mind.

"The key instructions contained in the Zhang Zhung Nyengyud are extremely important as by following them it takes only a single lifetime to achieve Buddhahood; through practicing these precious teachings, many great practitioners, including Shardza Tashi Gyaltzen and his students as well as the Masters presented in this volume, achieved Rainbow Body in one lifetime." --Geshe Gelek Jinpa About the Author Dmitry Ermakov and Carol Ermakova have been students of Yongdzin Lopon Tenzin Namdak Rinpoche since 1995 and are involved in the ongoing project to transcribe and preserve his teachings given in English