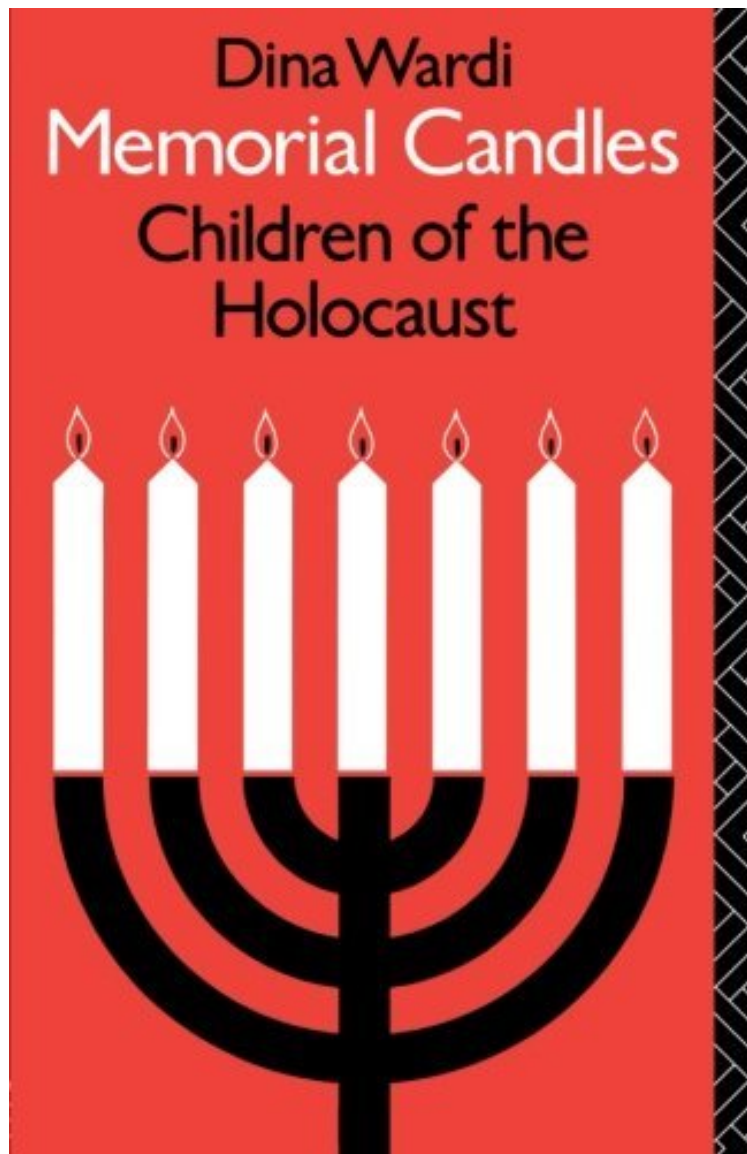


(Read ebook) Memorial Candles: Children of the Holocaust (The International Library of Group Psychotherapy and Group Process)

## Memorial Candles: Children of the Holocaust (The International Library of Group Psychotherapy and Group Process)

*Dina Wardi*

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#2155623 in Books 1992-04-24 1992-04-24 Original language: English PDF # 1 8.30 x .64 x 5.40l, .85 #File Name: 0415060990284 pages | File size: 55.Mb

**Dina Wardi : Memorial Candles: Children of the Holocaust (The International Library of Group Psychotherapy and Group Process)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Memorial Candles: Children of the Holocaust (The International Library of Group Psychotherapy and Group Process):

1 of 1 people found the following review helpful. Five Stars  
By Ben Elisha  
It has been an eye opening understanding of what my parents were going through but unable to verbalise  
0 of 2 people found the following review helpful. You would be much better off looking at more recent studies on psychological effects ...  
By Maura S Finlay  
As a Holocaust researcher working on a MA I have to say I find this book utterly appalling. Way to stereotype every single 2nd and 3rd generation Holocaust as being psychologically damaged somehow. You would be much better off looking at more recent studies on psychological effects which disprove a lot she as written. I can honestly say reading this book has made me depressed and it was a drudge to read.

As the children of the Holocaust reach adulthood, they often need professional help in establishing a new identity and self-esteem. During their childhood their parents have unconsciously transmitted to them much of their own trauma, investing them with all their memories and hopes, so that they become 'memorial candles' to those who did not survive. The book combines verbatim transcriptions of dialogues in individual and group psychotherapy sessions with analyses of dreams, fantasies and childhood memories. Diana Wardi traces the emotional history of her patients, accompanying them on a painful and moving journey into their inner world. She describes the children's infancy in the guilt-laden atmosphere of survivor families, through to their difficult separation from their parents in maturity. she also traces in detail the therapeutic process which culminates in the patients' separation from the role of 'memorial candle'.

From Publishers Weekly  
Jerusalem psychotherapist Wardi combines excerpts of group therapy sessions with a review of relevant literature to analyze dynamics in the lives of children of Holocaust survivors. Far more technical than Helen Epstein's journalistic exploration, *Children of the Holocaust*, this book should be useful for specialists. Wardi observes that survivor parents designate certain children as "memorial candles" to fill an emotional void and to continue a family history. Some "memorial candles" function well at work but poorly in human relationships; Wardi suggests that results from a combination of emotional deprivation and maternal overprotection. Children of those who actively struggled against the Nazis have a strong, sometimes compulsive, drive to achieve; children of more passive "victims" often choose professions that involve helping or protecting others. Only when "memorial candles" relax their rigid defense systems can they confront how their parents' humiliation influenced their distorted self-images and sexual identities. Wardi concludes that "memorial candles" must undergo several stages of psychotherapy in order to leave the role assigned by their parents and search for their roots. Copyright 1992 Reed Business Information, Inc.  
From Library Journal  
As a psychotherapist in private practice in Jerusalem, the author has treated dozens of children of Holocaust survivors. In most families, she found one of the children designated (usually unconsciously) as a "memorial candle" for relatives who perished. To a much greater extent than other siblings, this child assumes the burden of participating in the parents' emotional world and the special mission of serving as a link preserving the past and joining it to the present and future. Wardi's account of how she has helped her patients achieve maturity by relinquishing this enormous emotional burden, told largely through transcripts of actual therapy sessions, is deeply moving. Mental health professionals will have a special interest in this landmark work, but lay readers concerned with the Holocaust and its continuing emotional effects will certainly want to read it, too. Highly recommended. --Marcia G. Fuchs, Guilford Free Lib., Ct.  
Copyright 1992 Reed Business Information, Inc. ` ... great value to all those whose work brings them face to face with the traumatic effects of the Holocaust upon survivors of all nationalities and their children ... special interest to those involved in the study of post-traumatic stress in general and intergenerational trauma transmission in particular.' - American Academy of Psychoanalysis Journal  
A powerful, richly informative book.' - Jewish Chronicle