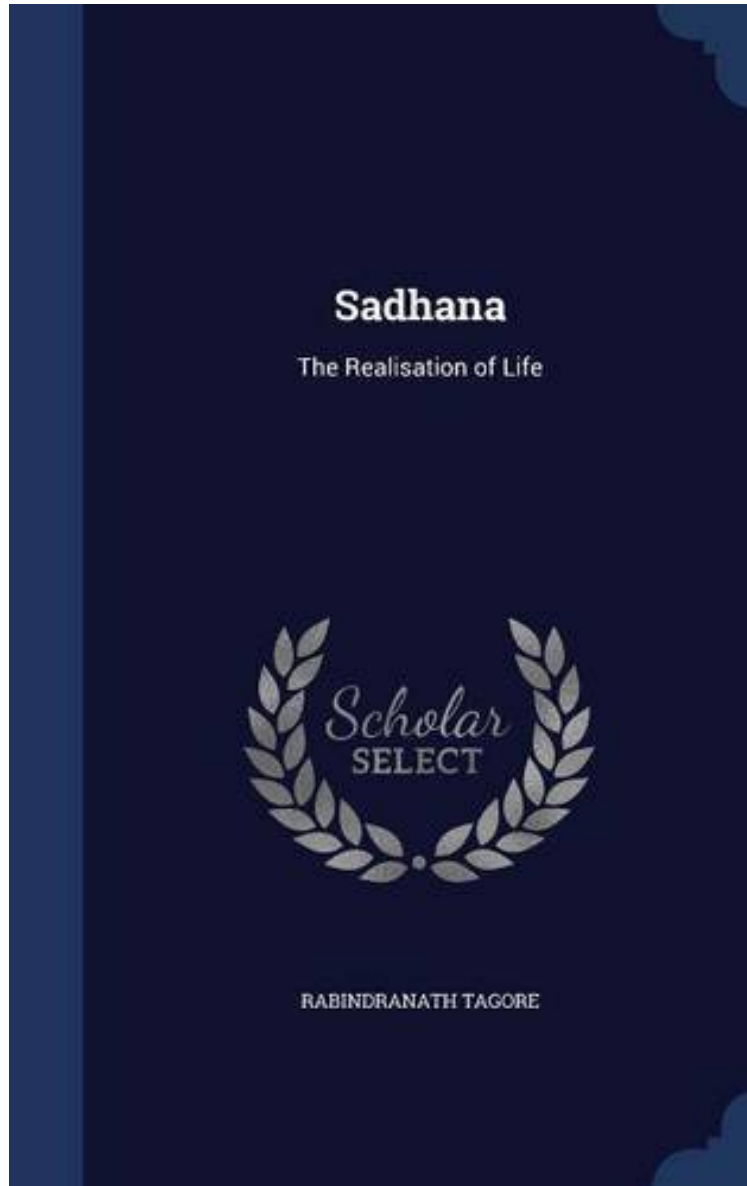


## Sadhana: The Realisation of Life

*Rabindranath Tagore*  
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#9865058 in Books Ingramcontent 2015-08-21Original language:EnglishPDF # 1 9.21 x .44 x 6.141, .95  
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**Rabindranath Tagore : Sadhana: The Realisation of Life** before purchasing it in order to gage whether or not it would be worth my time, and all praised Sadhana: The Realisation of Life:

0 of 0 people found the following review helpful. Five StarsBy P. Rawatthkx7 of 7 people found the following review helpful. A Gem from TagoreBy BjornstanTagore draws on the wisdom of the Bhagavad Gita, the Upanishads, Buddhism and even Christianity to express the core idea that human beings are inseparable from God. The fact that

Tagore was a poet as well as a spiritual thinker allows him to express his ideas in language that is eloquent and forceful. This book is an important and useful companion to the Bhagavad Gita. If you have read the Bhagavad Gita and felt that it was an expression of truth, you will likely enjoy and benefit from reading this book. 3 of 4 people found the following review helpful. Great insights into Indian philosophy. By ZMIndia's current economic boom has made me curious about its culture and philosophy. Reading Tagore's *Sadhana: The Realisation of Life*, was nothing but enlightening. This is a stimulating compilation of lectures, thought-provoking and easily accessible due to Tagore's easy, engaging style. Familiarising myself with his Truths was an eye opener. I have to agree with him on the point that man's possessions are his limitations--I think the most effective "truth" of the book which summarises in a nutshell what "Realisation of Life" in the title of the book, means to most people. What made it difficult to get through this was the fact that the electronic text was interspersed with numerous footnotes within the text itself which was a huge distraction.

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From the Inside Flap  
Written by Nobel Prize Laureate Rabindranath Tagore and available in paperback for the first time, "*Sadhana* is a profound, highly accessible introduction to India's ancient spiritual heritage. Few figures in history have been as important as Rabindranath Tagore in bringing Indian philosophy and spiritual teachings to the West. Although he was known primarily as a poet, his work is deeply religious, imbued with his belief that God can be found through personal purity and service to others. "*Sadhana* (sometimes translated from the Sanskrit as "spiritual practice" or "spiritual discipline") is a beautifully written, concise distillation of the great resources of Indian philosophy. With the surge of interest in Indian spirituality, it will be welcomed with enthusiasm by readers everywhere.

About the Author  
Rabindranath Tagore wurde am 7. Mai 1861 in Kalkutta geboren und starb am 7. August 1941 ebendort. Er war ein bengalischer Dichter, Philosoph, Maler, Komponist und Musiker. 1913 erhielt er den Nobelpreis für Literatur und war damit der erste asiatische Nobelpreisträger.