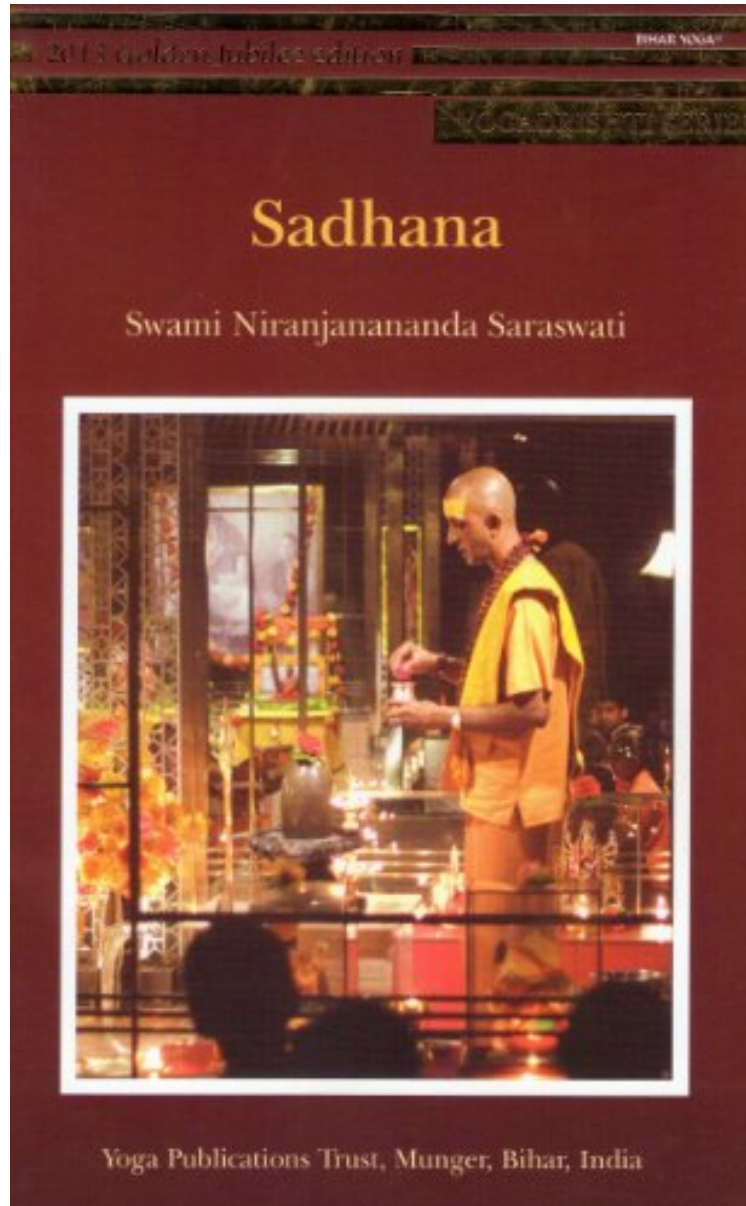


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sadhana and not before.Sadhana is necessary to perfect the imperfect karmas,to ripen and perfect the unripe senses and to focus the scattered and dissipated energies of the mind.Sadhana becomes the medium through which you can awaken the higher qualities.If you do not do sadhana,you can not awaken the spiritual qualities."