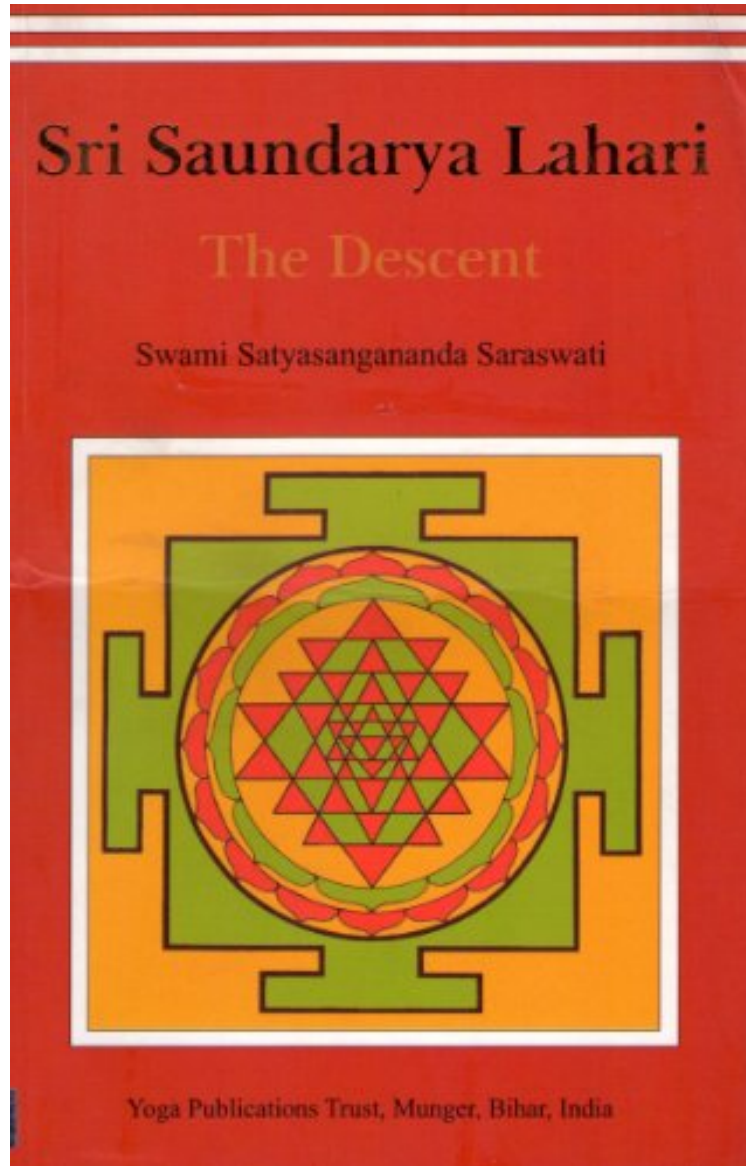


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Swami Satyasangananda Saraswati

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Swami Satyasangananda Saraswati : Sri Saundarya Lahari/The Descent before purchasing it in order to gauge whether or not it would be worth my time, and all praised Sri Saundarya Lahari/The Descent:

3 of 4 people found the following review helpful. the translation is wonderful because though it's easy to understand and written in ...By Jaclyn Seriously incredible. This symbol came to me during a deep meditation, and I had no idea what it meant... had never seen it before in waking life. I then stumbled upon this book and am blown away! I could

write an entire essay on my admiration for this book and the concepts of the divine, creativity, and unity within it, but I will just make this one point here: the translation is wonderful because though it's easy to understand and written in plain English, it still maintains the depth and quality of (what I imagine) the original thoughts contain. 0 of 0 people found the following review helpful. excellent writing and a very interesting enlightening read By Customer This book is Godsend , excellent writing and a very interesting enlightening read... 2 of 3 people found the following review helpful. Great treatise on Shankaracharya's splendid work By GSingh I dont think that I have any background of tantra, much less Shakti tantra. From my experience with this book, please know this book is very powerful, very well written and touches deep deep in heart. It is such a blessing to have Swami Satsangi ji share her direct knowledge with us.

This masterful commentary on Saundarya Lahari reveals Shakta Tantra for every level of aspirant. The original Sanskrit text by Adi Sankaracharya has been translated and explained in a lucid and eloquent style, which brings the reader into the living presence of the Goddess. The 103 mantras of the text are presented here as meditations and visualisations of Sri Devi, the root matrix of creation, depicting her divine form as a path of highest sadhana and realization. The text deals with the essence of tantric philosophy and sadhana, elucidating the esoteric traditions of Sri Vidya, the Dasa Mahavidya, kulakundalini, chakras and tattwas, and their usage to bridge the gap between the outer and inner experience. Sri Soundarya Lahari, the Descent, an exposition of the feminine divine, is substantiated and enhanced by the personal experience and in-depth study of the author. Also included are a comprehensive introduction, prayoga (uses of the mantras, yantras and especially the mandalas contained in the text, transliteration and index.