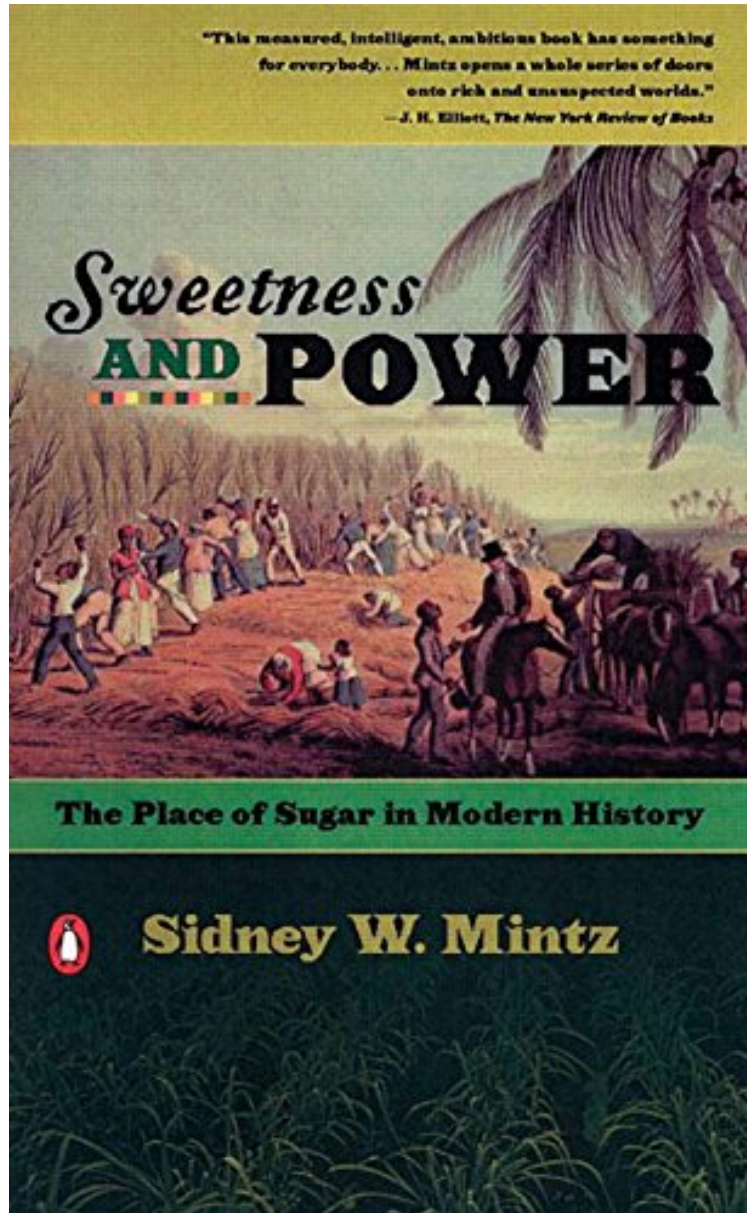


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## Sweetness and Power: The Place of Sugar in Modern History

*Sidney W. Mintz*

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**Sidney W. Mintz : Sweetness and Power: The Place of Sugar in Modern History** before purchasing it in order to gage whether or not it would be worth my time, and all praised Sweetness and Power: The Place of Sugar in Modern History:

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classic in the world of food studies, and in some ways, definitely worthy of that title. I struggled to get through this book at first--his rapid global history of sugar production bounced rapidly through time and was difficult to slog through to get to his arguments about the English working class. Once I did get there, his argument really came together, but before then, it was hard to see the point of where he was going. It should be noted that Mintz is really not all that interested in production but rather in the consumption of sugar among the English, and really among the English working class. It did its job, certainly, and I recognize how important it is as a work, but it didn't necessarily 'wow' me or make me rethink very much about how I saw the history of sugar. 0 of 0 people found the following review helpful. Four StarsBy CustomerCollege reading material, delivered as promised.0 of 0 people found the following review helpful. Five StarsBy Dandarabook in good condition.

A fascinating persuasive history of how sugar has shaped the world, from European colonies to our modern diets. In this eye-opening study, Sidney Mintz shows how Europeans and Americans transformed sugar from a rare foreign luxury to a commonplace necessity of modern life, and how it changed the history of capitalism and industry. He discusses the production and consumption of sugar, and reveals how closely interwoven are sugar's origins as a "slave" crop grown in Europe's tropical colonies with its use first as an extravagant luxury for the aristocracy, then as a staple of the diet of the new industrial proletariat. Finally, he considers how sugar has altered work patterns, eating habits, and our diet in modern times. "Like sugar, Mintz is persuasive, and his detailed history is a real treat." -San Francisco Chronicle

"Shows how the intelligent analysis of the history of a single commodity can be used to pry open the history of an entire world of social relationships and human behavior." -The New York of Books "Like sugar, Mintz is persuasive, and his detailed history is a real treat." -San Francisco Chronicle "A fine book. It not only tells a fascinating story, it is also something of an antidote to the static quality of much anthropological writing." -Jack Goody, The New York Times Book About the Author Sidney W. Mintz was a professor at the Johns Hopkins University, where he taught anthropology. His academic specialization focused on the anthropology of food, with a particular focus on the consumption and commodification of sugar. His works include *Tasting Food, Tasting Freedom: Excursions into Eating, Culture, and the Past*; *The World of Soy*; and *Sweetness and Power: The Place of Sugar in Modern History*. He died in 2015.