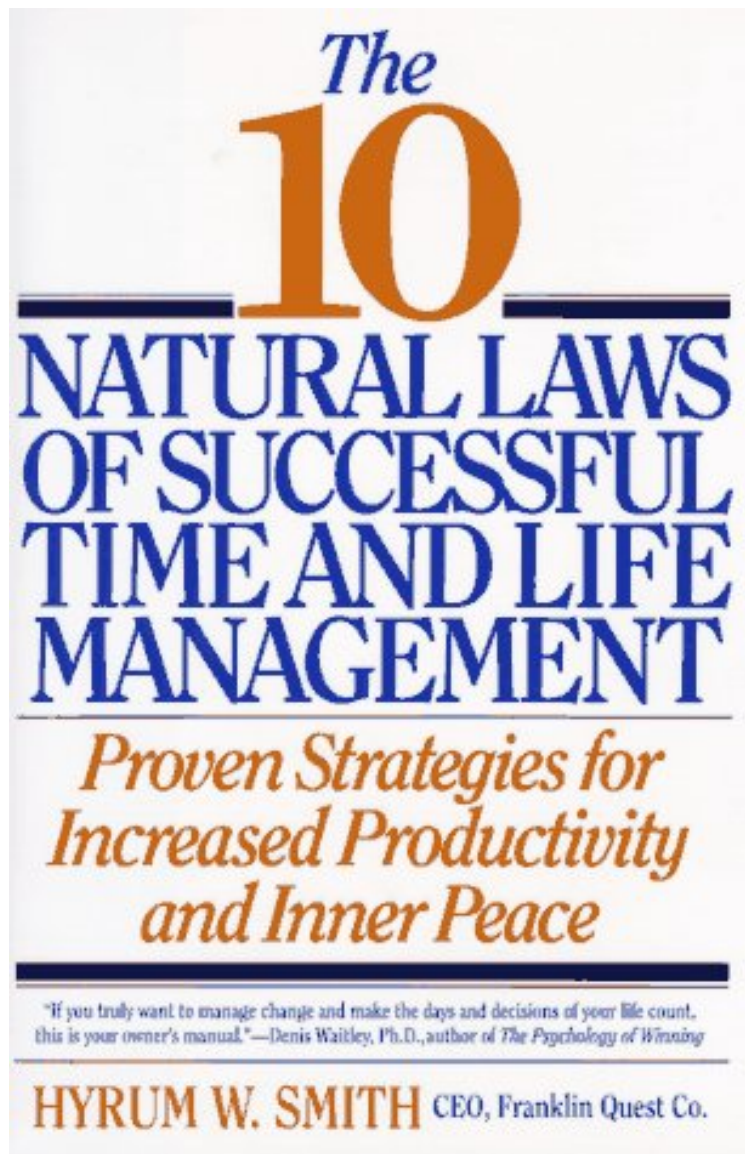


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## The 10 Natural Laws of Successful Time and Life Management: Proven Strategies for Increased Productivity and Inner Peace

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A practical and proven system offers unique and simple strategies for managing one's life and time through planning, prioritizing, and value analysis, giving methods that follow a series of natural laws leading to inner peace. 50,000 first printing.

From Publishers WeeklyStrongly influenced by Benjamin Franklin, Smith, CEO of a Utah consulting company, offers insightful pronouncements on America's time fragmentation. "Life is getting more and more hectic. The daily treadmill is accelerating, and we have to run faster and faster just to stay in one place." His recommendations for regaining control of time, events and hence life are intriguing, as are his suggestions on goal setting, planning and negative behavior traits. Yet Smith's sharply focused managerial constructs become muddled with material on "life management," aimed at achieving "inner peace--the transcendant feeling of fulfillment and well-being." And his commercial endorsements of his company's seminars and products are irksome . Author tour. Copyright 1993 Reed Business Information, Inc.From BooklistSmith is CEO of Franklin Quest, a company that conducts time-management seminars for corporations, organizations, and government agencies, reaching as many as 20,000 persons per month. It also sells day-planner scheduling books as an integral part of the time-management system it touts. This highly successful company was founded by Smith a little more than 10 years ago and was modeled on the self-improvement system outlined in Benjamin Franklin's autobiography. Smith argues that there is much more to managing time than getting things done. He preaches that only by understanding one's own value system can one decide what matters most, set priorities, and accomplish one's goals. The result is not only a better-organized life but a more fulfilling one. By focusing on time, Smith has provided a self-improvement book that almost everyone can use--and benefit from. David RouseAbout the AuthorHyrum W. Smith is the author of the bestselling book The 10 Natural Laws of Successful Time and Life Management and is a highly sought-after international speaker and the originator of the Franklin Planner. He and his wife, Gail, reside in the beautiful desert of Southern Utah, where Hyrum enjoys spending time with his family and horseback riding.