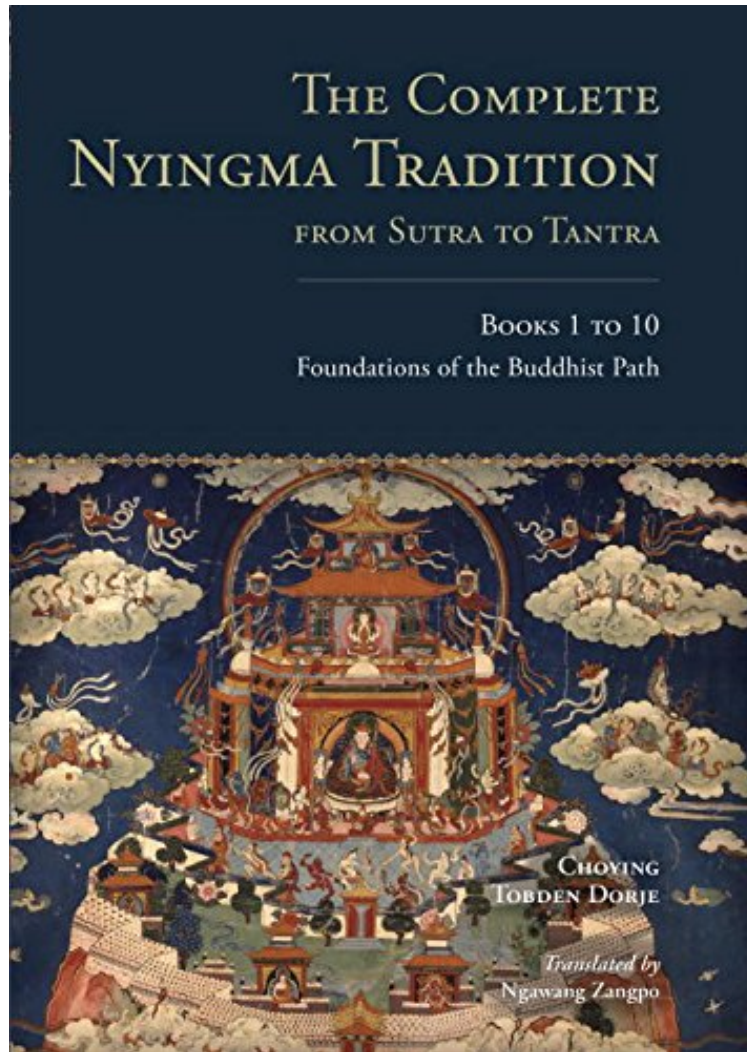


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## The Complete Nyingma Tradition from Sutra to Tantra, Books 1 to 10: Foundations of the Buddhist Path (Tsadra)

Choying Tobden Dorje  
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**Choying Tobden Dorje : The Complete Nyingma Tradition from Sutra to Tantra, Books 1 to 10: Foundations of the Buddhist Path (Tsadra)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Complete Nyingma Tradition from Sutra to Tantra, Books 1 to 10: Foundations of the Buddhist Path (Tsadra):

1 of 1 people found the following review helpful. Huge disappointment. Dry religious text with little no actionable process. By iffishI bought this - specifically in the Nyingma tradition - in the hope of sidestepping grinding religious

indoctrination. After all, the Buddha himself said you shouldn't "believe" anything he said; you should practice the way he practiced and see for yourself. But if you spend your time reading religious tomes like this, how much time would you have left to actually sit? And if you spend your life writing tomes like this well....I'd call that a near complete waste of a precious human existence. The bulk of the book appears to be about following ritual so you don't burn in hell. It would fit right in with middle age Catholic dogma, I think: don't read the word of Jesus but follow the Pope instead. The translation, I must say, was obviously a monumental task - and appears very well done. As a scholarly work it is impressive and will give you a decent idea of how grinding life in Tibet must have been. But I'm not interested in wasting good meditation time reading page after page after page of religious dogma. I only wish the translation time could have been focused on something more pertinent to the modern world and personal practice in the West. It pains me to write this review, but unless you are specifically looking for a way to read historically anchored dogma, I suggest you pass on this purchase. 1 of 2 people found the following review helpful.

Unenjoyable By August Lovegren  
The translator calls this Buddhist "comfort food." I am baffled. It is lists upon lists upon lists upon lists. It is cracked-earth dry. This book was supposedly by a lay practitioner of Buddhism, written for lay practitioners. I am once again baffled. I don't know who would be consulting this besides scholars and teachers. Unless you have an astronomically high boredom threshold, this book is not for you. If you don't believe me, please just try a sample before you buy it. 1 of 4 people found the following review helpful. Five Stars  
By richard vicka  
A very good introduction to Nyingma, but a bit complex for the ordinary reader.

From the main practice manual studied by the lay yogi-practitioner lineages of Tibet, now in English for the first time, this volume presents the foundational stages of the Buddhist path according to the Nyingma, or Ancient, tradition of Tibetan Buddhism. In 1838, Choying Tobden Dorje, a Buddhist yogi-scholar of eastern Tibet, completed a multivolume masterwork that traces the entire path of the Nyingma tradition of Tibetan Buddhism from beginning to end. Written by a lay practitioner for laypeople, it was intended to be accessible, informative, inspirational, and above all, practical. Its twenty-five books, or topical divisions, offer a comprehensive and detailed view of the Buddhist path according to the early translation school of Tibetan Buddhism, spanning the vast range of Buddhist teachings from the initial steps to the highest esoteric teachings of great perfection. Choying Tobden Dorje's magnum opus appears in English here for the first time. In *Foundations of the Buddhist Path*, which covers the first ten of the treatises twenty-five books, the author surveys the scope of the entire work and then begins with the topics that set the cornerstones for all subsequent Buddhist practice: what constitutes proper spiritual apprenticeship, how to receive the teachings, how to make the best use of this life, and how to motivate ourselves to generate effort on the spiritual path. He then describes refuge and the vows that define the path of individual liberation before turning to the bodhisattvas way, buddha nature, how to uplift the mind to supreme awakening, the bodhisattvas training, and the attainments of the paths leading to supreme awakening.

About the Author  
CHYING TOBDEN DORJE (1785-1848) was a brilliant Buddhist master from the Amdo region of eastern Tibet, renowned for his realization of great perfection. A disciple of the first Dodrupchen Rinpoche, he founded the monastery of Dzokchen Namgyal Ling and was instrumental in establishing the community of lay tantric practitioners known as the Repkong Ngak-mang.  
NGAWANG ZANGPO (Hugh Thompson) is a disciple of Kalu Rinpoche and Chatral Sangye Dorje Rinpoche. His translations include *Jamgn Kongtruls Retreat Manual*, *Enthronement*, *Sacred Ground*, *Guru Rinpoche*, *Timeless Rapture*, *Butns History of Buddhism in India and Its Spread to Tibet*, and *Refining Our Perception of Reality*. He has been a Tsadra Foundation Fellow since 2000.